

**Capt Trevor Fenton –
Double Gold Medal Winner**

Capt Trevor Fenton from the Engineer Group at CANOSCOM HQ took away top honours at the Canadian Forces Tae Kwon Do Nationals in Toronto 14-15 November 2009. The competition was held in conjunction with the Toronto Classic, a large civilian tournament held annually.

The military component of the competition was organized in two different formats. One used the CISM (Conseil International du Sport Militaire) weight classes with eight weight divisions while the second used the Olympic weight class which has four weight divisions. Capt Fenton had a total of three fights - one in the CISM format and two in the Olympic format.

Capt Fenton won both categories - taking home two gold medals. In addition he was awarded the tournament's Men's Sportsmanship Award.

With his outstanding finish in the competition, Capt Fenton will likely compete in the World Military Tae Kwon Do Championship that will be held next summer at the international CISM competition in St-Jean, QC. At that time more than 30 countries will compete to determine the best among the world's militaries



From left to right: Capt (N) Hatton (Canadian Forces College), Capt Fenton, Pte De Varnnes (Female Sportsmanship Award Winner) and Mr Erl Kish Dominion (Vice-president of the Royal Canadian Legion)